



**THE 100 MILE JOURNEY** to *Bring a Hero's Spirit Home*

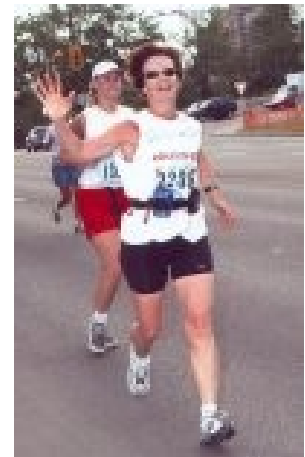
Presents the Opportunity to meet  
World Renown Ultra-Marathoner Ray Zahab and  
Famed Author Linda Wagar, as they join  
Shannon Loutitt on her 100 Mile Journey to Athabasca.



**Date: Friday July 18, 2008**

**Time: 11:00 AM**

**St. Albert Running Room**



**RAY ZAHAB:** Known best for his epic 111 day journey across the Sahara Desert and most recently his 13 day run across Canada. “Ray Zahab is one of those rare people who can translate his truly awesome accomplishments into an enthusiastic, riveting and inspirational message. ...this man does not just walk the walk, he runs the run.” Evan Solomon – CBC Sunday

**LINDA WAGAR:** Famed author and editor of the inspirational book ‘Canadian Marathon Stories’. “Linda Wagar has assembled a charming collection of marathon success stories. Each story shares the true joy and deep meaning of marathon running success.” John Stanton - President & Founder of The Running Room

**There is no registration fee to run but pledges/donations would be accepted for the Billy Loutit Events Fund. Charitable Tax Receipts issued for donations over \$10.**